



INDORE · 2025 · UPDATE 13



DR ASHOK LADHA

Consultant Gastroenterologist and
Colorectal Surgeon

DR. ASHOK LADHA ACHIEVES A REMARKABLE MILESTONE IN RESTORATIVE PROCTOCOLECTOMY

We are proud to celebrate a significant achievement in the field of colorectal surgery as Dr. Ashok Ladha successfully performed his 287th Restorative Proctocolectomy with Ileal Pouch Anal Anastomosis (IPAA). This complex surgical procedure was conducted on a patient suffering from nonresponsive Chronic Ulcerative Colitis, reaffirming Dr. Ladha's expertise and dedication to surgical excellence.

With a career spanning 40 years, Dr. ladha has been a pioneer in proctology and colorectal surgeries, making remarkable contributions to patient care in India. Since his return in 1985, he has meticulously developed one of the largest single-surgeon series of IPAA procedures in the country. His vast experience, combined with an unparalleled three-decade-long follow-up of cases, has provided invaluable insights into the long-term outcomes of these surgeries.



UNDERSTANDING RESTORATIVE PROCTOCOLECTOMY WITH ILEAL POUCH ANAL ANASTOMOSIS (IPAA)

The IPAA procedure is a life-changing surgical intervention for patients with Chronic Ulcerative Colitis and Familial Adenomatous Polyposis (FAP) who require the removal of the colon and rectum. Instead of requiring a permanent ileostomy, this procedure allows patients to regain near-normal bowel function by constructing an ileal pouch, which serves as a reservoir for waste.

Performing nearly 300 of these procedures with long-term follow-ups makes Dr. ladha's contribution truly exceptional. His extensive experience not only enhances patient outcomes but also provides valuable clinical data for advancing the field of colorectal surgery in India.





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A LEGACY OF SURGICAL EXCELLENCE

Dr. ladha's unwavering commitment to innovation, research, and patient care continues to set new benchmarks in gastrointestinal surgery. His ability to consistently perform complex surgical interventions while ensuring positive long-term results highlights his leadership in this specialized field.

As we celebrate this achievement, we extend our deepest gratitude and admiration to Dr. Ashok ladha for his remarkable contributions to colorectal surgery and patient care in India. His legacy serves as an inspiration for the medical fraternity and a beacon of hope for patients seeking advanced gastrointestinal surgical care.

